



## DOROTHY GERBER STRINGS PROGRAM

# PRACTICE CHALLENGE

### 'S PRACTICE LOG

(NAME)

(DIVISION)

### JEDI TRAINING GUIDELINES

To ensure each young musician's training remains healthy, focused, and effective, the Jedi Council has established the following limits *per practice session* during the challenge:

- **Younglings & Young Padawan** (Suzuki & Beginner divisions): up to 30 minutes
- **Jedi Apprentice** (Intermediate division): up to 45 minutes
- **Padawan Knight & Jedi Knight** (Junior Orchestra & High School): up to 60 minutes

Students who wish to train longer are encouraged to take a break and recharge before beginning a new practice session.

For the Younglings (Suzuki division), parent involvement is essential—time spent actively listening to Suzuki recordings counts as practice time, and parents should complete the practice log.

A photo of the practice log is due by 6:00PM on February 7, 14, and 21 via text or email (616.828.8321 | dreimer@greatlakescfa.org). This complete paper log should be turned into a Jedi Council Member the week of March 2.

Weekly leaderboards will be posted on the DGSP website and Facebook page.

Mark your calendars! Final results will be revealed during the Dorothy Gerber Youth Orchestra Concert on March 23 —where we'll celebrate the dedication, discipline, and growth of our rising Jedi musicians.

#### WEEK 1 PRACTICE GOALS:

DATE	START	END	START	END	START	END
MONDAY, FEBRUARY 2						
TUESDAY, FEBRUARY 3						
WEDNESDAY, FEBRUARY 4						
THURSDAY, FEBRUARY 5						
FRIDAY, FEBRUARY 6						
SATURDAY, FEBRUARY 7						

## WEEK 2 PRACTICE GOALS:

DATE	START	END	START	END	START	END
SUNDAY, FEBRUARY 8						
MONDAY, FEBRUARY 9						
TUESDAY, FEBRUARY 10						
WEDNESDAY, FEBRUARY 11						
THURSDAY, FEBRUARY 12						
FRIDAY, FEBRUARY 13						
SATURDAY, FEBRUARY 14						

## WEEK 3 PRACTICE GOALS:

DATE	START	END	START	END	START	END
SUNDAY, FEBRUARY 15						
MONDAY, FEBRUARY 16						
TUESDAY, FEBRUARY 17						
WEDNESDAY, FEBRUARY 18						
THURSDAY, FEBRUARY 19						
FRIDAY, FEBRUARY 20						
SATURDAY, FEBRUARY 21						

## WEEK 4 PRACTICE GOALS:

DATE	START	END	START	END	START	END
SUNDAY, FEBRUARY 22						
MONDAY, FEBRUARY 23						
TUESDAY, FEBRUARY 24						
WEDNESDAY, FEBRUARY 25						
THURSDAY, FEBRUARY 26						
FRIDAY, FEBRUARY 27						
SATURDAY, FEBRUARY 28						

## JEDI COUNCIL CONFIRMATION (parent/guardian pledge):

I, \_\_\_\_\_, confirm that the training times written on this log by \_\_\_\_\_

are accurate and I understand the following:

- Only properly completed forms will be accepted; practice times must be clearly listed (ex: 3:00-3:15, 3:50-4:15)
- For the purposes of this challenge, “practice” is defined as individual training time spent playing the instrument and does not include strings class, private lessons, or ensemble rehearsals.

**I PLEDGE TO ENCOURAGE MY CHILD TO TRAIN WITH HONESTY, FOCUS, AND DISCIPLINE, HONORING THE VALUES UPHELD BY THE JEDI COUNCIL.**

Signature: