

_____ 'S PRACTICE LOG



SCORING SYSTEM

MINUTES PRACTICED: Students, you will be given a point for every minute logged below. Write down the time that you begin playing your instrument (i.e. 5:30) and then again when you finish playing (i.e. 6:05). You are encouraged to practice in reasonable and effective time increments, so multiple shorter practice sessions are better than one long session.

DAYS PRACTICED: You will earn extra points for each day you practice. There is a five-minute practice minimum for the day. Fifteen minutes of practice for six days will score more points than three hours on a Saturday.

QUALITY PRACTICE: The best results come from using excellent methods of practice in addition to amount of time.

FIRST WEEK PRACTICE GOALS:

DATE	START TIME	END TIME	START TIME	END TIME
MONDAY, JANUARY 29				
TUESDAY, JANUARY 30				
WEDNESDAY, JANUARY 31				
THURSDAY, FEBRUARY 1				
FRIDAY, FEBRUARY 2				
SATURDAY, FEBRUARY 3				
SUNDAY, FEBRUARY 4				

SECOND WEEK PRACTICE GOALS:

DATE	START TIME	END TIME	START TIME	END TIME
MONDAY, FEBRUARY 5				
TUESDAY, FEBRUARY 6				
WEDNESDAY, FEBRUARY 7				
THURSDAY, FEBRUARY 8				
FRIDAY, FEBRUARY 9				
SATURDAY, FEBRUARY 10				
SUNDAY, FEBRUARY 11				

THIRD WEEK PRACTICE GOALS:

DATE	START TIME	END TIME	START TIME	END TIME
MONDAY, FEBRUARY 12				
TUESDAY, FEBRUARY 13				
WEDNESDAY, FEBRUARY 14				
THURSDAY, FEBRUARY 15				
FRIDAY, FEBRUARY 16				
SATURDAY, FEBRUARY 17				
SUNDAY, FEBRUARY 18				

FOURTH WEEK PRACTICE GOALS:

DATE	START TIME	END TIME	START TIME	END TIME
MONDAY, FEBRUARY 19				
TUESDAY, FEBRUARY 20				
WEDNESDAY, FEBRUARY 21				
THURSDAY, FEBRUARY 22				
FRIDAY, FEBRUARY 23				
SATURDAY, FEBRUARY 24				
SUNDAY, FEBRUARY 25				

PARENT/GUARDIAN AUTHORIZATION:

I, _____, confirm that the times written on this chart by _____ are accurate.

I understand the following:

- Only correctly filled out forms will be counted; times should be reported like this: 3:00-3:15, 3:50-4:15, etc.
- Practice, for the purpose of this exercise, is defined as time spent individually by the student playing the instrument
- "Practice" does not include time in strings class, private lessons, or ensemble rehearsals
- Students are encouraged to practice in reasonable increments, taking breaks for health and concentration; break time does not count as practice time
- Parents are asked to submit their child's practice log by 6:00PM on the Saturday that ends each practice week by either text or e-mail (616.828.8321 or dreimer@greatlakescfa.org) and the leaders will be posted on the DGSP Facebook page and website each week The final paper copy should be turned in during class the week of February 26.

I pledge to encourage my child to exercise good sportsmanship in the DGSP Practice Challenge.

Signature: