



Practice Challenge²⁰²³

DOROTHY GERBER STRINGS PROGRAM

SCORING SYSTEM

MINUTES PRACTICED: Students, you will be given a point for every minute logged below. Write down the time that you begin playing your instrument (i.e. 5:30) and then again when you finish playing (i.e. 6:05). You are encouraged to practice in reasonable and effective time increments, so multiple shorter practice sessions are better than one long session.

DAYS PRACTICED: You will earn extra points for each day you practice. There is a five-minute practice minimum for the day. Fifteen minutes of practice for six days will score more points than three hours on a Saturday.

QUALITY PRACTICE: The best results come from using excellent methods of practice in addition to amount of time.

FIRST WEEK PRACTICE GOALS:

DATE	START TIME	END TIME	START TIME	END TIME
MONDAY, FEBRUARY 6				
TUESDAY, FEBRUARY 7				
WEDNESDAY, FEBRUARY 8				
THURSDAY, FEBRUARY 9				
FRIDAY, FEBRUARY 10				
SATURDAY, FEBRUARY 11				
SUNDAY, FEBRUARY 12				

SECOND WEEK PRACTICE GOALS:

DATE	START TIME	END TIME	START TIME	END TIME
MONDAY, FEBRUARY 13				
TUESDAY, FEBRUARY 14				
WEDNESDAY, FEBRUARY 15				
THURSDAY, FEBRUARY 16				
FRIDAY, FEBRUARY 17				
SATURDAY, FEBRUARY 18				
SUNDAY, FEBRUARY 19				

THIRD WEEK PRACTICE GOALS:

DATE	START TIME	END TIME	START TIME	END TIME
MONDAY, FEBRUARY 20				
TUESDAY, FEBRUARY 21				
WEDNESDAY, FEBRUARY 22				
THURSDAY, FEBRUARY 23				
FRIDAY, FEBRUARY 24				
SATURDAY, FEBRUARY 25				

FOURTH WEEK PRACTICE GOALS:

DATE	START TIME	END TIME	START TIME	END TIME
SUNDAY, FEBRUARY 26				
MONDAY, FEBRUARY 27				
TUESDAY, FEBRUARY 28				
WEDNESDAY, MARCH 1				
THURSDAY, MARCH 2				
FRIDAY, MARCH 3				
SATURDAY, MARCH 4				

PARENT/GUARDIAN AUTHORIZATION:

I, _____, confirm that the times written on this chart by _____ are accurate.

I understand the following:

- Only correctly filled out forms will be counted; times should be reported like this: 3:00-3:15, 3:50-4:15, etc
- Practice, for the purpose of this exercise, is defined as time spent individually by the student playing the instrument
- “Practice” does not include time in strings class, private lessons, or ensemble rehearsals
- Students are encouraged to practice in reasonable increments, taking breaks for health and concentration; break time does not count as practice time
- Parents are asked to submit their child’s practice log by 6:00PM on the Saturday that ends each practice week by either text or e-mail (616.828.8321 or dreimer@greatlakescfa.org). The final paper copy should be turned in during class the week of March 6.

I pledge to encourage my child to exercise good sportsmanship in the DGSP Practice Challenge.

Signature: